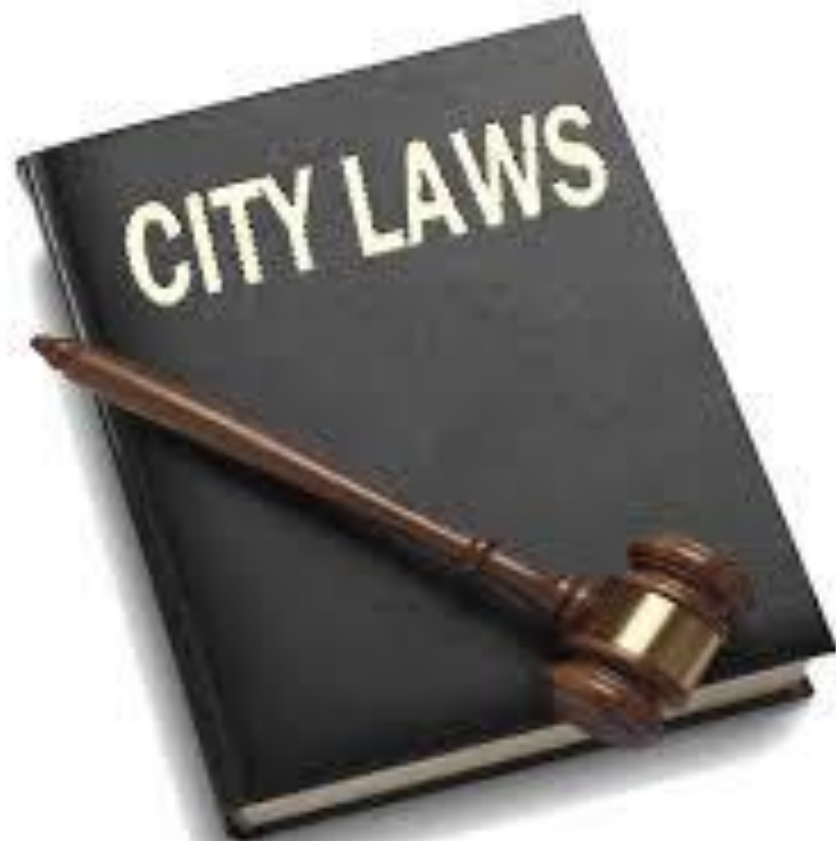


# Lesson 1 Laws

A law is a rule that keeps people safe



People follow laws everyday everywhere



By following the law we keep ourselves and others safe



By breaking the law you get can yourself or other people hurt



Breaking the law can also get you in trouble





## Laws and me

### **I Follow Laws to Be Safe**

**A law is a rule that keeps people safe.**

Everyone follows laws, every day.

**I follow laws to be safe.**

I wait for the walk sign to cross the street.

The driver in the car I ride in pulls over for an emergency vehicle.

The “no texting while driving” law can save lives.

**Following the law protects me and others.**

Breaking the law can be dangerous because I can get hurt.

Breaking the law can harm someone else.

Breaking the law can get me into trouble.

**I will follow the law to be safe.**



# Takeaways

## **Learning Objectives/Take-Away Points**

- ✓ Be sure you follow the law to Be Safe, to keep others safe, and to stay out of trouble.
- ✓ Find out more about the laws that you need to follow.



# Lesson 2

# Law Enforcement

# Officers Help Us Be

# Safe!



01

# Vocabulary

# Peace Officers

People who keep neighborhoods safe, helps others, and deals with people who break the law (e.g. police, sheriffs, marshals, or highway patrol officers)





# Patrol

To guard or protect a place by moving around and watching to be sure things are fine

## Emergency

A crisis or urgent situation when help is needed right away





## Rescue

To save someone from a dangerous situation



## Following Directions

Doing what the police say  
when they give  
instructions, orders, or  
commands



# Command

Directions from the police that  
you follow right away





# Gestures

Movements of the hands, face or body that send a message to others

## Penal Code

A list of local laws that defines different kinds of crimes





## Against the Law

Doing something that is  
not legal



## Innocent Mistake

Doing something wrong  
without realizing it



# Warning

A notice or caution; being told that you are doing something wrong



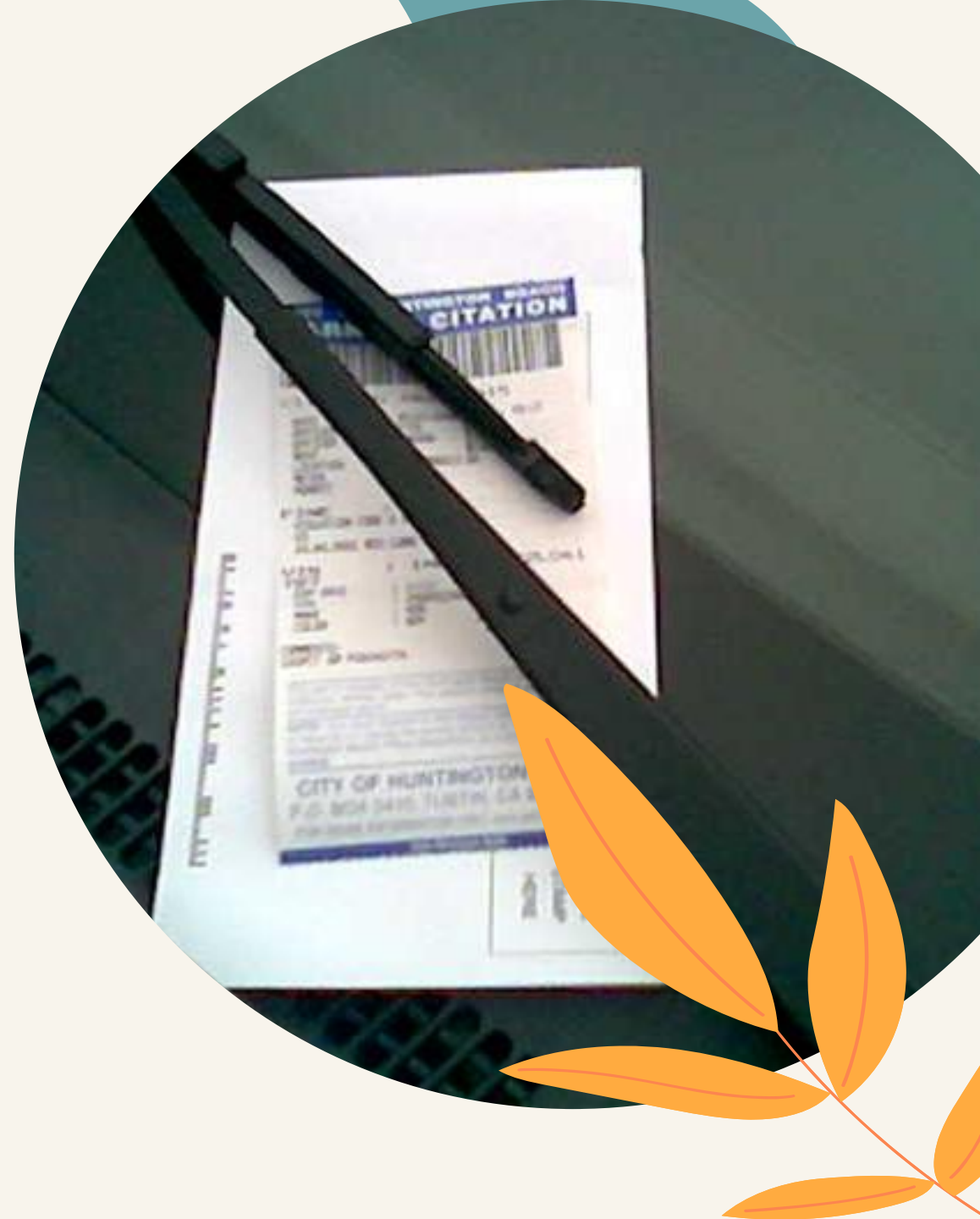


# Violation

Something that is against the law

## Ticket

Citation, a printed notice that a traffic or parking law has been broken and a fine (money) must be paid





## Criminal

A person who does something that is against the law and gets punishment



## Stealing

Taking property that  
belongs to someone else





02

**Peace  
Officers**

# 3 Types of Peace Officers



**Police  
Officers**



**Marshals**



**EMTs**  
(Emergency Medical Technicians)

# 5 Ways Peace Officers Help Us

01

They keep us safe.

02

They deal with people who break the law.

03

They give us directions and tell us what we did wrong.

04

They help us during emergencies and keep the peace.

05

They direct traffic.



# When Peace Officers give us directions, we...




**First**

Listen carefully to the directions.



**Then**

Follow the directions immediately.

A photograph of a silver metal shopping cart with orange handles and two orange seats, parked on a paved surface. The cart is positioned in the middle ground, facing right. In the background, there is a white fence and several trees with autumn-colored leaves. A large, semi-transparent yellow oval with a white bokeh pattern is overlaid on the right side of the image. Another smaller, semi-transparent yellow oval is overlaid on the bottom left corner, containing the word "Scenario".

**Scenario**

## Review!

Today, we learned that...

1. Peace officers help and protect people, keep neighborhoods safe, and make sure everyone follows the law
2. Following directions means doing what you are told to do
3. When the police gives us directions, we follow them right away

# Lesson 3: Uniforms and Safety Tools

# What is the job of the police?

The job of the police is to protect people and make sure everyone follows the law.

No matter what their uniforms look like or what department they are with, all peace officers have one job:

to protect people and make sure everyone follows



# How to act around the police?

You can be relaxed and friendly around the police, and go about your business

There is no reason to be afraid of the police, especially if you are not causing any



# What to do around the police?

Keep your hands to yourself when you meet the police.

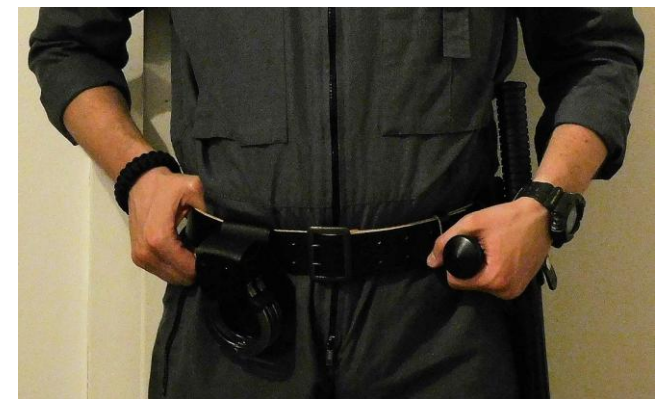
It is not OK to touch any part of a law enforcement professional's uniform, duty belt or safety equipment. Do not touch the officer.

Do not touch any of the equipment the police use to do their job

This includes K9 also known as police dogs

Do not pet canine partners. If you think the dog is off duty, ask first

etting.



# Activity Time!-Picture This

Gun



# Activity Time!-Picture This

Badge



# Activity Time!-Picture This

K9 or Canine



# Activity Time!-Picture This

Police Uniform



# Activity Time!-Picture This

Handcuffs



# Activity Time!-Picture This

Duty Belt



# Activity Time!-Picture This

Boundaries



# Activity Time!-Picture This

Undercover Officer



# Lesson 4

Stay Calm When You Meet the Police



# Key Concepts



## JUST DO IT

When the police tell you to do something, just do it.



## STAY CALM

Be calm and cooperate in a police encounter, whether you have done something wrong, or not.

0

1

DO'S

Three important DO's for interacting with the police



## Stay Calm

Stay calm when the police approach you or talk to you.



**Stay Where You Are**



# Listen

Do exactly what the police tell you to do.

0

2

# DON'TS

Three important DON'Ts for interacting with the police



**Don't Run**



**Don't Fight**



**Don't Argue**

03

# Vocab

Some Cool New Words

—

—

—

—

—

—

—



# Suspect

A person who may have committed a crime



# Arrest

When the police stop a person from doing something that is against the law and take him to jail



## Charge

To formally accuse a suspect of committing a crime, or the name of the crime a person has committed



## Evidence

Physical things that link a suspect to a crime like stolen items, hair or fingerprints



## Innocent Person

Someone who did NOT do something wrong, a person who is NOT guilty of committing a crime

04

# Activity

Follow the Directions

# Hands in the Air

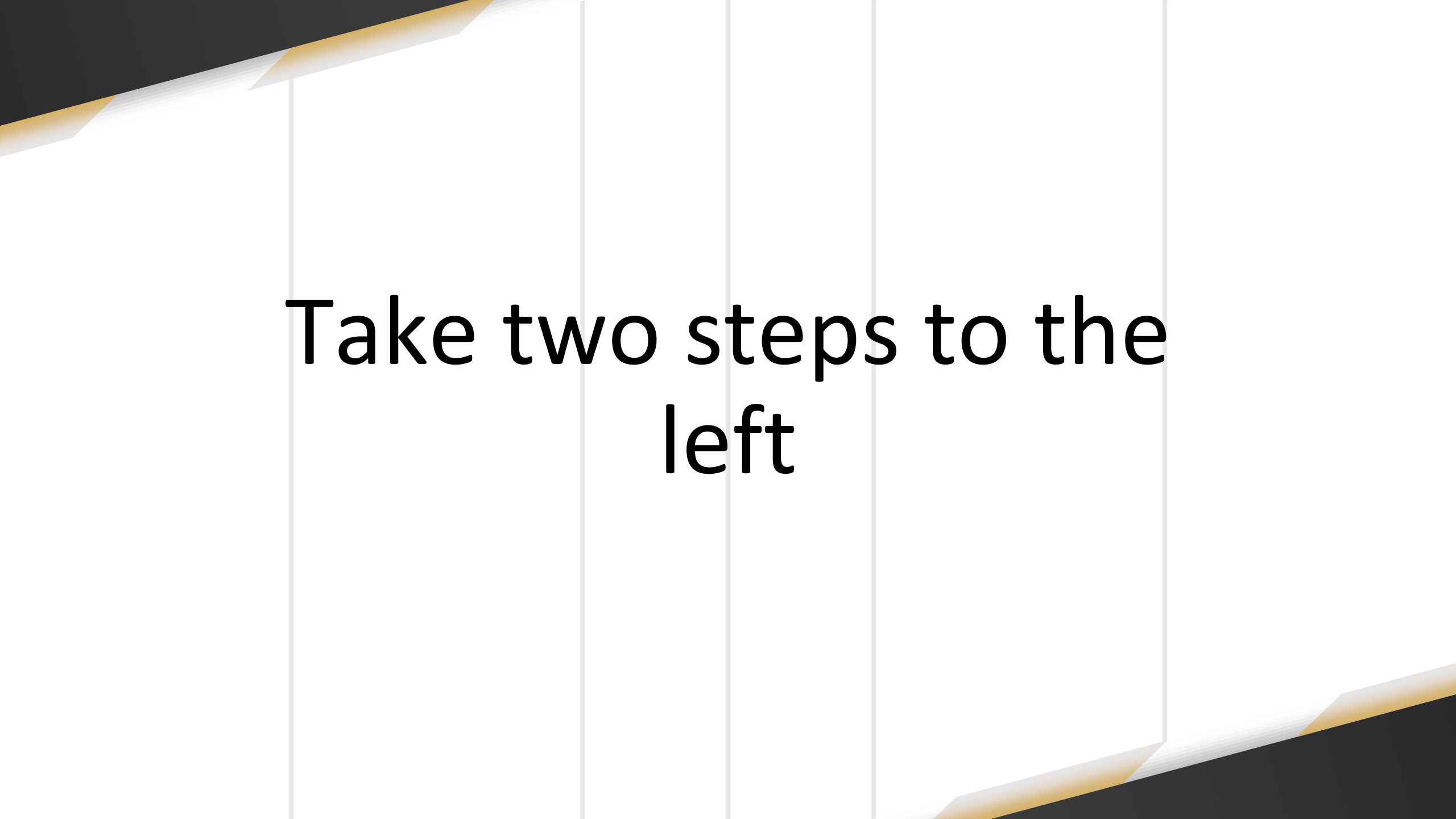
Stand over there

The background features a white central area with four vertical grey lines. The top and bottom edges are decorated with a dark grey/black background and a torn paper effect in shades of yellow and orange.

Show me your hands



**LEVEL 2**



Take two steps to the  
left

Hands on your head.  
Turn around

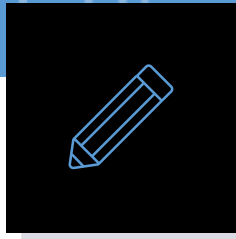
Sit down. Duck your  
head down.

Interlace your fingers  
and put them on top  
of your head.



**LEVEL 3**

Arms to the side. Put  
both hands on your  
head.



# Lesson 5: Self- Disclosure

# Vocabulary

1. **Disability**
2. **Condition**
3. **Self-Disclosure**
4. **Self-Disclosure Card**
5. **Medical Alert Tag**
6. **Accommodate**
7. **Accommodation**
8. **Special Treatment**

# Disability

**A condition or limitation or that makes it hard to do some everyday activities**



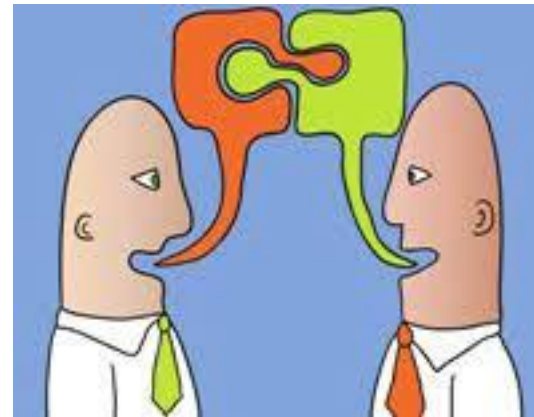
# Condition

**A state of health or a disability that causes limitations or difficulties in daily life**



# Self- Disclosur e

**Sharing personal information about a disability with others**



# Self- Disclosure Card

An information card used as a tool for sharing personal information with others



# Medical Alert

**Identification jewelry or tags worn to let others know about a person's special needs or condition**



# Accommodate

**To modify or adjust a situation to meet the needs of a person with a disability**



# Accommodation

**A modification or adjustment made to meet the needs of a person with a disability**



# Special Treatment

**Treating one person better than someone else,  
unequal treatment**


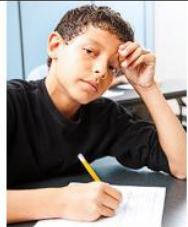









# Admission of Guilt

**When a person accused of a crime tells the police or court that he committed the offense**



# ACTIVITY

Picture This!		
 <p><b>Disability</b></p>	 <p><b>Condition</b></p>	 <p><b>Self-Disclosure</b></p>
 <p><b>Self-Disclosure Card</b></p>	 <p><b>Medical Alert Tag</b></p>	 <p><b>Accommodate</b></p>
 <p><b>Accommodation</b></p>	 <p><b>Special Treatment</b></p>	 <p><b>Admission of Guilt</b></p>

BE SAFE Handout 5A.1 *Picture This!*

Write down on a piece of paper or discuss what these terms mean and see if you can think of an example

# Autism Spectrum Card

**I have Autism Spectrum Disorder**  
My developmental disability affects:

- **Communication** = speaking, expressing myself, understanding you, using eye contact and responding to gestures. Problems are worse under stress.
- **Social** = interacting with you, responding to instructions or cues.
- **Behaviors** = resisting change, focusing on my special interests. I may repeat words, noises, or movements.
- **Sensory sensitivity** = handling sensations like sounds, lights, smells and touch. I may shut down or escalate when stressed. I may not react to pain or temperature.

**How to HELP me**

1. Use a **CALM** voice.
2. Be **CLEAR**. Use simple words. Spell instructions out, one at a time.
3. **WAIT**, be patient. I need extra time to think and respond.
4. Use **CALMING TECHNIQUES** to help me keep my cool.
5. **REDUCE INPUT** like noise and lights to calm sensory overload.
6. **AVOID** physical contact if possible. Face-down holds can be dangerous for me.
7. **ALLOW** me to rock, flap or use other safe movements to calm down.
8. **CALL** someone who knows me and ask them to help.

BE SAFE Handout 5B.2 *Autism Spectrum Self-Disclosure Card*

**This is what an Autism Spectrum Self-Disclosure Card looks like**

# Activity: Asking for help

## How to Play Asking For Help

In this activity you pretend that a police officer is walking by just when you need help.

- You will play with a partner and ask the “officer” for help like it is a real emergency!
- Then your partner will be the person who needs help and you will be the “police.”

**Remember, in this game and in real life, the first step to get help is to get the officer’s attention.**













- You can say something like, “Excuse me officer,” or “Can you help me?” Then tell why you need help.
- The police may have questions for you to answer, so they can get the information they need.

### Instructions

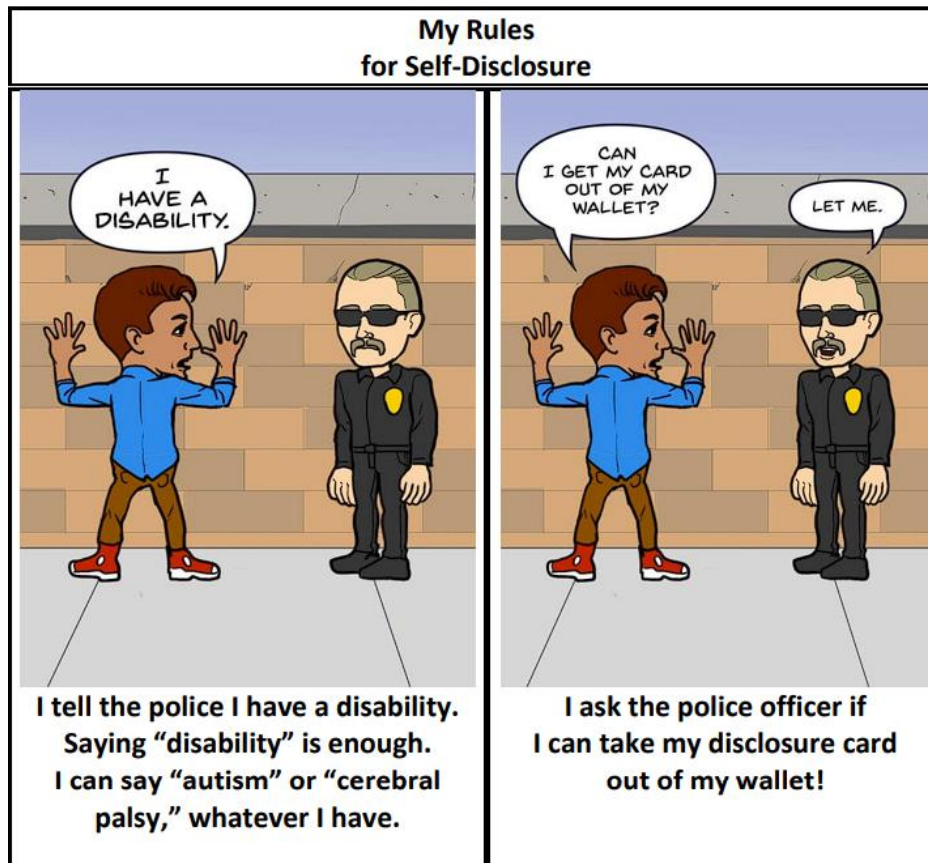
1. Roll one or two dice.
2. See what number you rolled (some numbers can be rolled more than one way!)
3. Look at the situation in the **Ask for Help** Column next to the number on the game page.
4. Ask the “police officer” for help, as if the situation was really happening.
5. Next, let your partner roll the dice and you pretend to be the police officer.
6. Take turns until all the examples are used, or time is up.

If a number is rolled that was already used, roll again until you get a number you need.

# Asking for help

Asking for Help BE SAFE Activity 5C.2				Asking for Help BE SAFE Activity 5C.2			
I rolled a	Ask for Help	I rolled a	Ask for Help	I rolled a	Ask for Help	I rolled a	Ask for Help
1	I found this wallet! 	2	That guy hit me! 	7	A man stole my purse! 	8	I hear screams! 
3	I'm locked out! 	4	I saw a robbery! 	9	My teacher is hurt! 	10	I saw a car crash! 
5	I can't find my parents 	6	That guy's following me! 	11	My bike is gone! 	12	This girl is lost! 

# My rules for self- disclosure



# My Safety Promise



## *My Safety Promise*

I promise to NEVER  
put my hands in my pockets, pants, bag or purse  
when I meet the police,  
unless they tell me to.



# My Yes & No Card for Self- Disclosur

e

MY YES & NO CARD For Self-Disclosure	
<b>I WILL:</b> 	<b>I will NOT:</b> 
<b>I will keep my hands where the police can see them.</b>	<b>I will NOT made sudden movements with my hands.</b>
<b>I will tell the police that I have a disability.</b>	<b>I will NOT keep my disability a secret.</b>
<b>I will ask the police to look at my medical alert tag.</b>	<b>I will NOT show my medical alert without asking.</b>
<b>I will tell the police where to find my ID Card.</b>	<b>I will NOT reach into a pocket, pants, bag, purse or other hidden place.</b>



# Lesson 6

THE RIGHT TO REMAIN SILENT

# Key Vocabulary





# Custody

Being held or detained by the police, not free to go



# Miranda Warning

Advice the police give when someone is arrested or charged with a crime, that lets the person know about the right to remain silent



# Right to Remain Silent

Not talking to the police or answering their questions about a crime or situation



# Incriminate

Say that someone else is guilty of a crime or wrongdoing



# Self-Incrimination

Say that I am guilty of a crime or wrongdoing



# Police Station

The building where the local police work



# Watch Commander

The person in charge of the police station



# Press Charges

Formally accuse someone of a specific crime



# Jail

A place where suspects and criminals are kept and are not free to go



# Questioning

A situation when police officials ask many questions about a crime, also called interrogation



# Attorney

A person who specializes in law, a lawyer



# Public Defender

A lawyer who helps people who are accused of a crime in court and does not charge any money for helping

# Matching Game

# **Yes or No Game**

**How to get arrested safely**



# 1



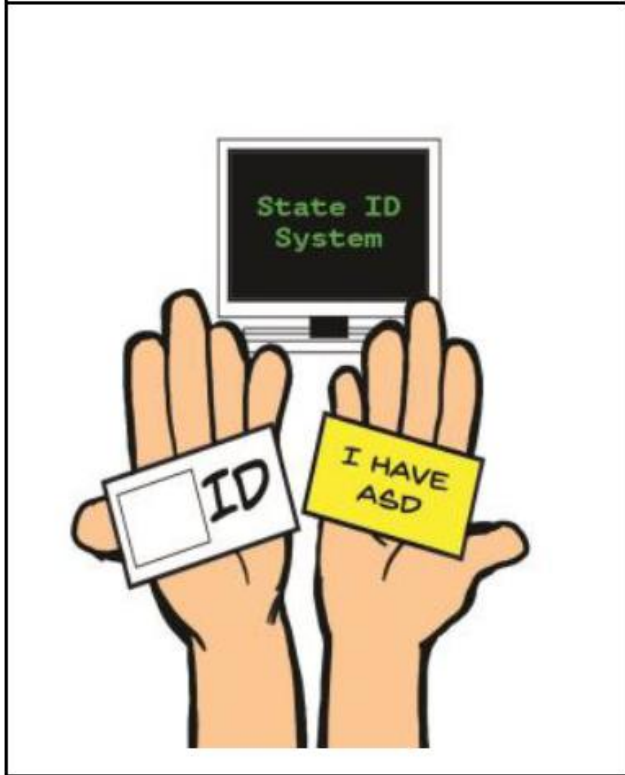
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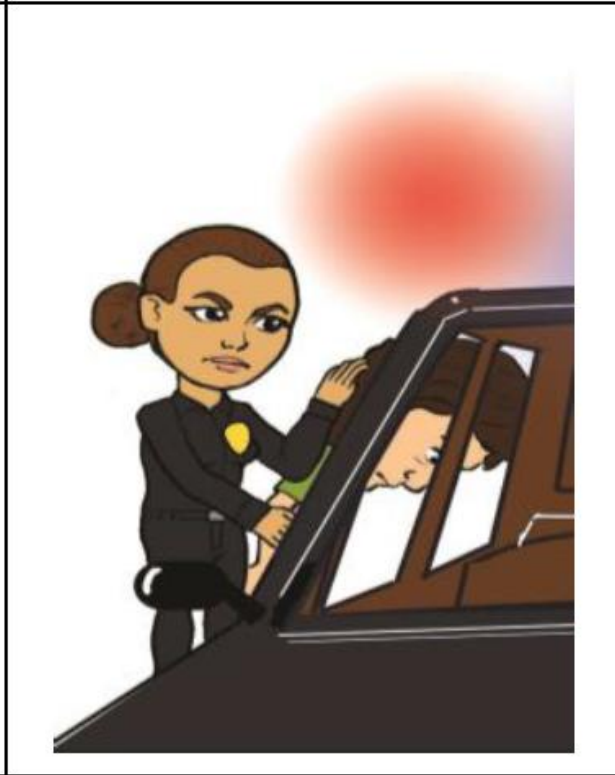
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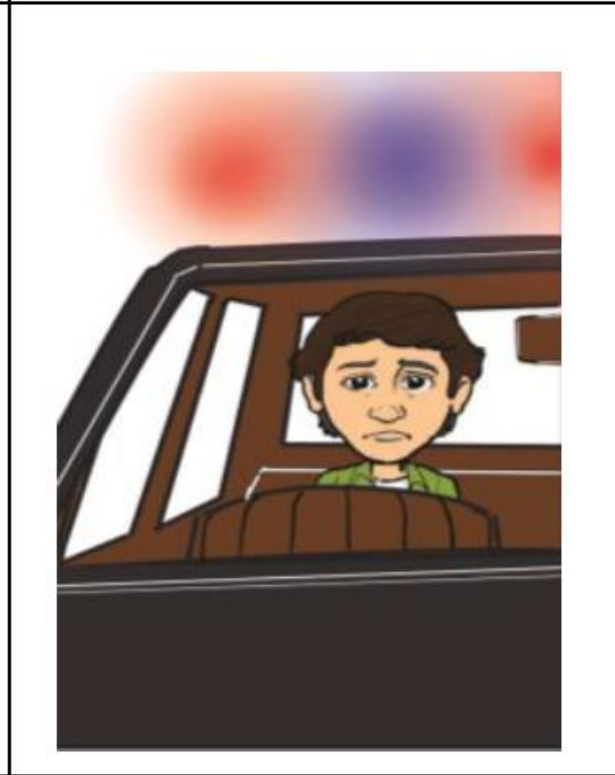
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#5



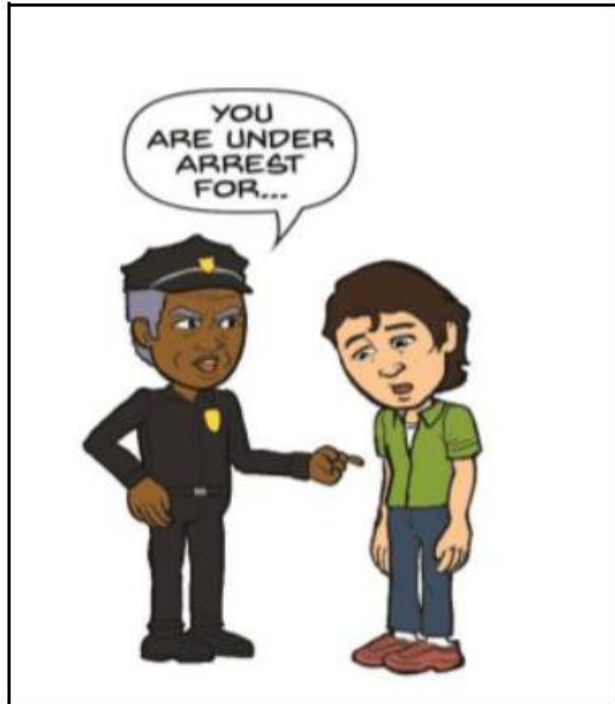
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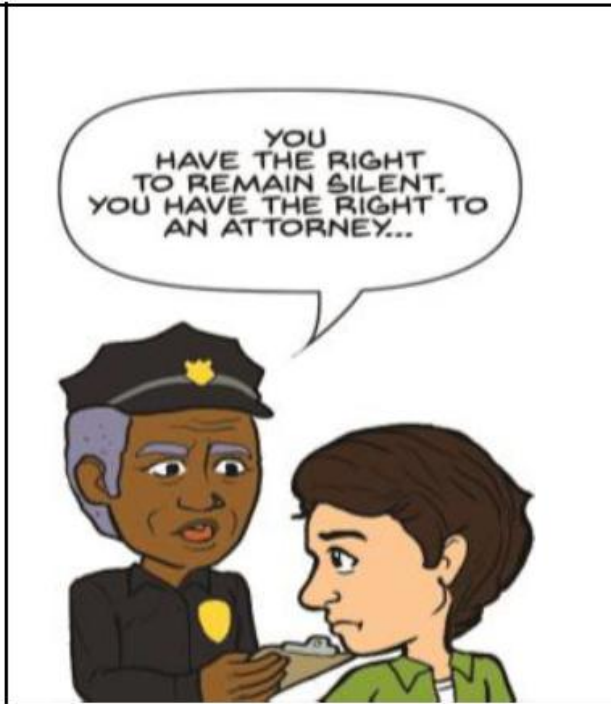
#7



#8



#9



#10



# 11



#12



# Lesson 7

Be safe in an Emergency



# Key Vocabulary





911 Operator

# “Wh” Questions



# Medical Emergency





# Paramedics

Ambulance





Unconscious

Alert





# Medications

# Allergy to Medication





# Pain Collar or Neck Brace

# Prank

